

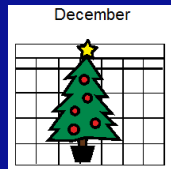


St. Michael's House

# newsletter

# The Headlines

EDITION 3: December 2018



Easy to Read Guide

## In this issue:



Funding for Ability



New Website



Easy to Read  
Appointment Letters



Dates for your Diary



# Funding for New Project called Ability



On the 1<sup>st</sup> of June the government announced funding of €16 million for 27 new projects.

The projects will deliver a new programme for young people, with disabilities called “Ability”.



St. Michael's House application has been successful and will be starting to work with DCU on 'Ability'.

They received €534,878 in funding for the 'Ability' project.



2,600 young adults, across Ireland, will be supported under the new 'Ability' programme.



## Funding for New Project called Ability

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Young adults who use St. Michael's House services will be supported to gain skills and experience needed to be career ready.



Adults can participate in a university based project that focuses on person centred supports.



Students can work at a pace that will support their career goals.



## Funding for New Project called Ability



These supports will address more long term barriers that many young people face in getting employment.



Together the 'Ability' project with St. Michael's House and DCU will create a model of best practice. The project was launched on December 3<sup>rd</sup>. [www.dcu/ability.ie](http://www.dcu/ability.ie)



The project will create an inclusive environment within the university campus.



Thank you to Teresa Gadd, Paula Smyth and Sabrina Barrett who developed the funding application with DCU.







St Michael's House have a new website.

[www.smh.ie](http://www.smh.ie)



Information can be found for families and communities who use St. Michael's House services.



The website will be accessible for all.

It will have symbols, large font and videos so everyone can use the website.



Tell us what you are doing in your centre and we will share it on our website.

Send to [communications@smh.ie](mailto:communications@smh.ie)



# New Clinic Appointment Letters



## St. Michael's House

Services for people with intellectual disabilities






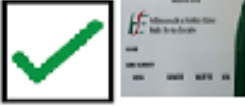


Adults who use St. Michael's House Services told us they want their appointment letters sent to them like this.

In 2019, new Easy to Read appointment letters will be used.

These letters will use pictures and words. They will be in colour.

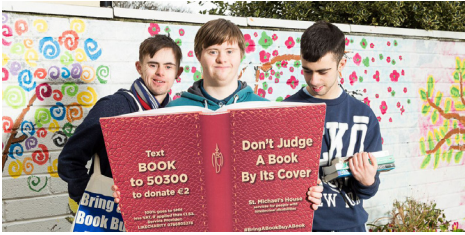
Here is an example of one of the new letters.

If you have any questions about the new letters please email [communications@smh.ie](mailto:communications@smh.ie)

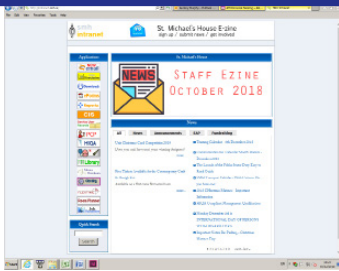
	The Eye Clinic
	with Doctor Emer Burke
	in St. Michael's House, Ballymun
	on Day and Date
	at 9:00am
	Please bring your Medical Card with you.
	Please bring your support person with you.
	Please call Patricia on (01) 8840250 if you cannot attend.



# Dates for your Diary



St. Michael's House Bring a Book, Buy a Book takes place first week in March 2019.



Visit St. Michael's House intranet for more information and how to get involved.



St. Michael's House are taking part in RTE Operation Transformation in 2019. You and your Unit can get involved.



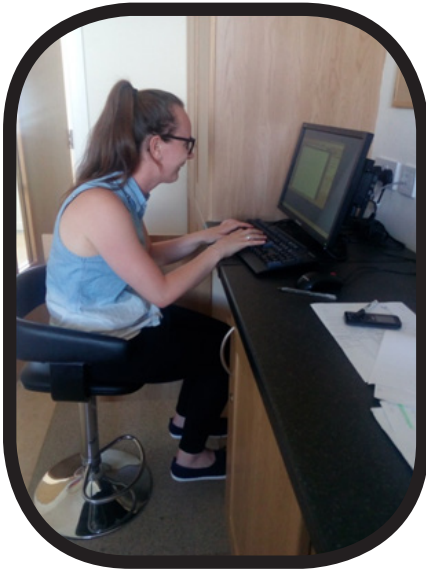
Operation Transformation starts in January 2019. Visit St. Michael's House intranet for more information.



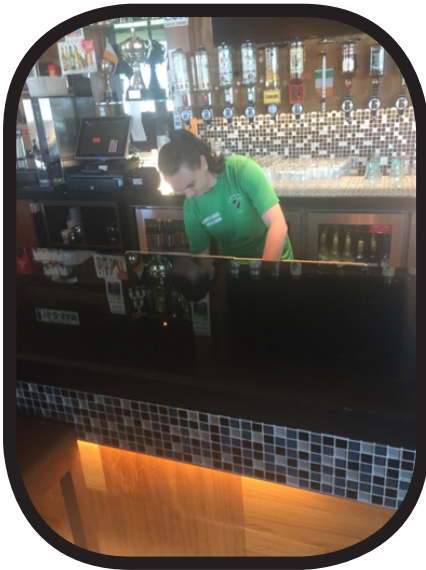
A LITTLE BIT  
**ABOUT**  
me...

About.....

# Dina McAnaspie



My name is Dina McAnaspie.  
I am 23 years old and I live in Donaghmede.  
I am an independent woman. I like to meet new people. I enjoy going out and about with my friends and like to try new activities.  
I love meeting up with my friends and chatting with them on the phone.



I am big into my Fashion.  
I hope to get a paid job in retail some day.  
I enjoy wearing nice clothes and keeping up with trends.  
My wardrobe is overflowing with clothes.



I attend a hub service five days a week. I like going here to see my friends. I enjoy doing my courses each week including computers, literacy, health eating and art. I recently completed a Hairdressing Course which I loved doing. I work in Parnell's GAA twice a week and get paid for this. I really enjoy doing this as I meet new people and learn new skills.

I am part of the Special Olympics 2018 Club.  
I love running. I won a Gold Medal at the Special Olympics recently in Tallaght for 50m run and a ribbon for shot-put. I really hope I get through to go to the World Summer Games 2019 which will be in Abu Dhabi. I enjoy being active and like to go to the gym and taking part in different activities in my Community.





# Sport Inclusion Disability Charter 2018



St. Michael's House has signed up to the Sports Inclusion Disability Charter.



Sports and activity are very important to us.

It keeps us healthy and fit.



The Charter agreement makes sure that everyone with a disability can keep fit and stay active in their communities.



St. Michael's House Leisure Centre are planning activities for everyone in 2019.



This easy to read guide was produced by the Information Transformers group in St. Michael's House and the Communications Department.

This group make information easy for everyone to understand.

This group are experts by experience; Adults with Intellectual disability using St. Michael's House services.

We hope that the images used are easy to understand.

We know that there is no one set of symbols that work for everyone.

Thank you to the people in Information Transformers: Katie Mc Cormack, Joanna Byrne, Joanne Byrne, Hilary Synott, Bernie Fay, Ursula Bishop, Alec Pierce and Declan Andrews.

The group used best practice guidelines for producing easy to read information.

Images used in this edition: Photosymbols ([www.photosymbols.com](http://www.photosymbols.com)), internet images and photos from St. Michael's House photograph archives.