



What is Cocooning? Who has to Cocoon?



The Government told people to stay at home.



They want to keep people safe from Coronavirus.



The word we use for staying at home all the time is **cocooning**.



Cocooning means staying at home until the government says you can leave.



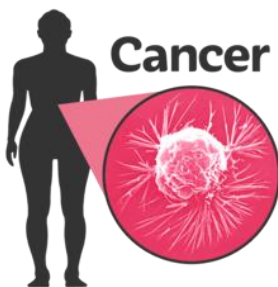
Some people are vulnerable. This means if they get Coronavirus they might get very sick.



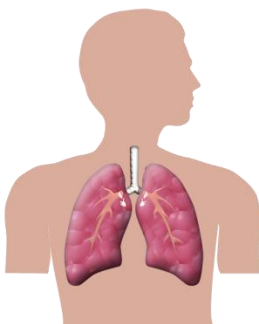
Vulnerable people are:



People who are 70 years old or older.



People who are already sick with other things like cancer.



People who have lungs that don't work well.



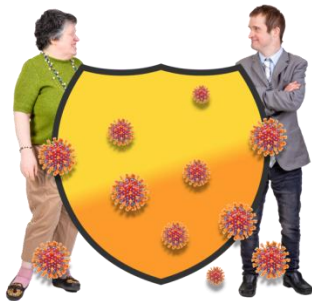
Vulnerable people are people who live in residential houses like in St. Michael's House.



If you are on this list you are a vulnerable person.



You can get sick quicker if you get Coronavirus.



Cocooning in your home all the time will keep you safe.



Staff will help you to cocoon.