



Tomato and
couscous salad

Shopping List



4 ½ oz/125g Couscous



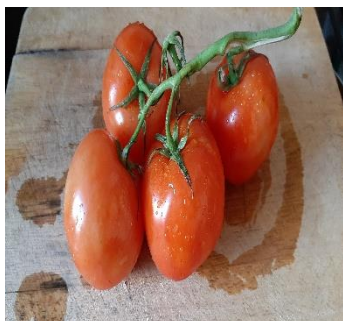
1 ¾ oz /50g Sultans



Basil



Parsley



4 x Tomatoes



150ml/5floz Tomato Juice



Pepper

St. Michael's House Activity Hub

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