



# VOLUNTEERS NEEDED

## THE LEISURE CENTRE

The St Michael's House Leisure Centre is a fully accessible swimming and activity centre supporting people with disabilities to enjoy recreational and therapeutic activities

We are looking for:

### Volunteer Swimmers

- Volunteers provide encouragement and support in the water as part of the swimming session, which is supervised by staff.

### Thursday Afternoon Volunteer Swimmer Needed

We are particularly looking for a male volunteer to support one swimming session on Thursday afternoons (approx. 1 hour). This request reflects the preference of the person being supported.

### What's involved

- Supporting swimming activities under supervision of staff
- Encouraging participation and confidence
- Helping create a positive and enjoyable experience

No experience is required just a friendly attitude, reliability and an interest in supporting others.

### MORE INFORMATION

- Contact Rhoda Judge, Volunteer Co-Ordinator – [rhoda.judge@smh.ie](mailto:rhoda.judge@smh.ie)
- There is an application process including garda vetting & reference checks

