



This project is co-funded by the Government of Ireland, through the Department of Social Protection, and the European Union.

# Training Opportunity

**Swim Ireland in collaboration with St Michael's House Leisure Centre and WorkAbility Project would like to share the new exciting training opportunity:**



## **Level 1 Assistant Swimming Teacher Accredited by Swim Ireland**

**This course develops your knowledge, skills and abilities as an assistant swimming teacher. It will enable you to actively support a qualified swimming teacher in the delivery of a planned learn to swim session.**

# Accredited Training Opportunity



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Swim Ireland, St Michael's House Leisure Centre and WorkAbility Project bring an exciting opportunity of Level 1 *Swim Ireland accredited Assistant Swimming Teacher Course*



Duration of Training: 12 weeks in total

## Weekly Sessions

### Teachers Training Part 1

Time



Location



1-2 hours a day, once a week training with SMH Leisure Centre Instructors

Leisure Centre Belcamp **D17 NW92** : to be confirmed

### Teachers Training Part 2

Time



Location



10 am to 2.00 pm half day training

Sean McDermott Street Swimming **Pool D01T0H9** to be confirmed

When:



October 2025 – January 2026

Exact dates to be confirmed



<b>PERSONAL</b>	
Full Name	
Date of Birth	
Gender	
Address	
Postcode	
Phone Number	
Email Address	
<b>EDUCATION</b>	
Level of Education	
Subject	
Grade	
Employment Status	
Employer Name	
Employer Address	
Employer Phone Number	
Employer Email Address	
<b>GENERAL</b>	
Are you currently employed?	
Are you currently unemployed?	
Are you currently a student?	
Are you currently a volunteer?	

**You need to be registered with WorkAbility Project to apply for this opportunity**



**To register with WorkAbility Project Email:**

**[supportedemployment@smh.ie](mailto:supportedemployment@smh.ie)**

**We will send you registration forms**



**You need to be able to travel independently to training location or have a support person who will travel with you**



**You need to have genuine interest in becoming a swimming instructor**



**There may be an opportunity of paid employment or self-employment for right candidates**



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# Swim Ireland- Trainer Requirements



## Would you like to learn how to be a swimming teachers assistant?



## Do you think you are a good swimmer?



## Do you know how to follow safety rules?



## Can you follow instructions and give verbal instructions?



**Would you be happy to  
spend longer than an  
hour in a swimming pool**



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# Swim Ireland- Trainer Requirements



**You have to be able to float on front**



**You have to be able to float on your back**



**Are you patient?**

**Are you happy to be Garda Vetted?**



**Can you commit to a full 12 week training ?**



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# Swim Ireland- Trainer Requirements



**Do you have good listening skills and like learning new skills?**



**Do you like helping people?**



**Do you like working with children?**



**Do you like working in a team?**



**If you have these skills, you can apply to take part in a swimmer teaching assistant training course.**

# QA Online Session



**Leisure Centre & Workability are hosting online information session about this opportunity**



**Date 4.09.2025**

**Time 11.30 am**

**Microsoft Teams** [Need help?](#)  
[Join the meeting now](#)  
Meeting ID:   
Passcode:

**Dial in by phone**  
 United States, Seattle  
 United States (Toll-free)  
[Find a local number](#)  
Phone conference ID:   
For organizers: [Meeting options](#) [Reset dial-in PIN](#)

**Session link:**

[Join the Zoom meeting here](#)

**Meeting ID: 922 3054 4253**

**Passcode: 215288**



**Can't join us online?**

**Please e-mail**

**[supportedemployment@smh.ie](mailto:supportedemployment@smh.ie)** We will open applications for this opportunity after 4/09/2025



**We will answer your questions during an online session.**

**Prior to online session, please e-mail any queries to [sarah.hewitt@smh.ie](mailto:sarah.hewitt@smh.ie)**



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