



St. Michael's House



Today we are going to the Zoo. Let's walk there it's not too far.

Everyone walk on the spot.

We have to go up a big hill – swing your arms to help. The hill is very steep.

Down the hill – everyone run

Now we are at the river – Who can jump over the river. Ready, steady, jump..

That was fun let's jump back again.

And again....

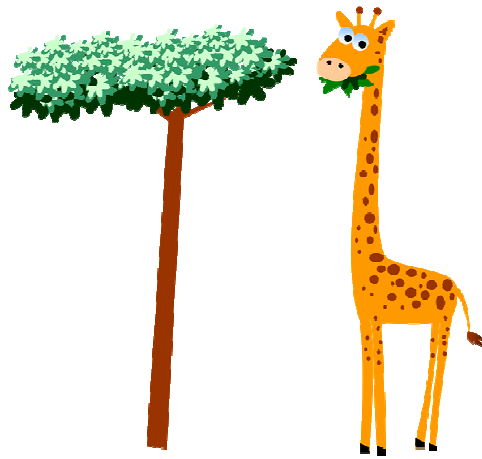
We better leave the river or we will never get to the Zoo to see the animals. Let's run the last bit.

Oh no the queue is really big. Can you see in? Stand on one spot and lean from side to side to see if you can past the queue into the Zoo.

Now we are finally in. Let's run fast and see what animals we can see.

Look I see a giraffe and he's eating leaves from the tall trees. Let's pretend we are a giraffe. Stretch up your arm and use your hand as a mouth and pretend to eat the leaves from the tree

Now stretch up the other arm. As high as you can the leaves at the top of the tree are really juicy.



Well done. The giraffe is finished his lunch. Let's see what animal is next. Start running on the spot.

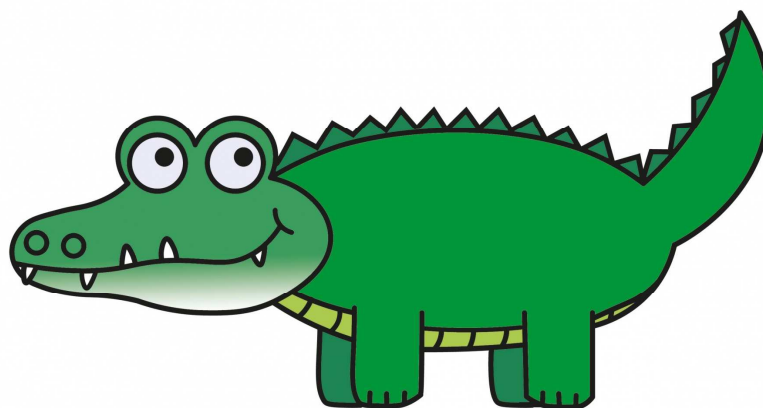
Look I see a crocodile.

Let's all lie down on the floor and pretend we are crocodiles with big mouths. *Stretch your arms out in front, put one arm on top of the other and lift the top arm to open your mouth.*

Ready, steady, snap(repeat 3 or 4 times)

Now switch arms and go again. Ready, Steady, Snap... (repeat 3 or 4 times)

That was fun let's run and see what animal is next.



I see pink flamingos. Flamingos are pink birds that like to stand on one leg. Who can do that?

Put your arms out to help or hold on gently to a chair if you need to. With practice you will learn to do it yourself.

Let's try with the other leg now.



Well done. Good work.

Let's run on and find another animal.

I can see a Kangaroo.

Can you remember what a kangaroo likes to do? Yes, he likes to jump. Let's jump with him.

How many jumps can you do?

Now let's see if you can jump forward and backward.

Now let's see how high you can jump.

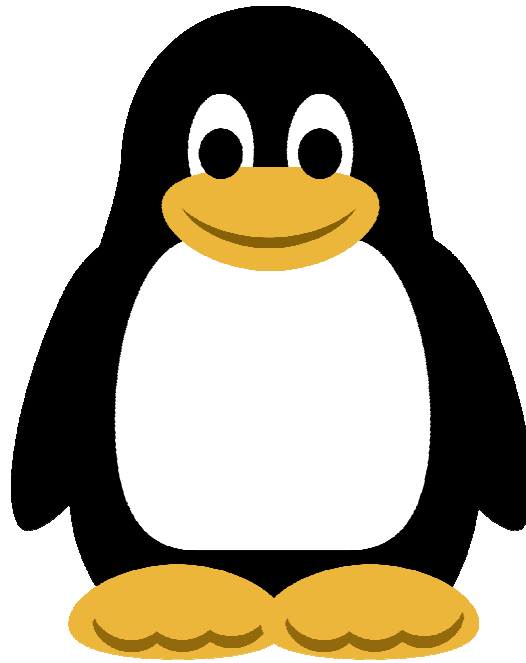
Great jumping!

Start running again and we'll find another animal.



Look I see a Penguin.

Who can waddle like a penguin?



Well done. Ok let's run on and find our last animal.

Look I see a big black bear. Who can walk like a bear?

Walk around the room on your hands and feet.

Go all the way from one end of the room to the other.

How fast can you go?

Have a race with your Mum, Dad, friend, sister or brother.....

Well done.



That's it for today. Time to go home. Let's walk home

.....Jump over the river....walk up the hill....run down the hill and then home.

That was a fun day at the Zoo thank you for coming with me.

Bye.

