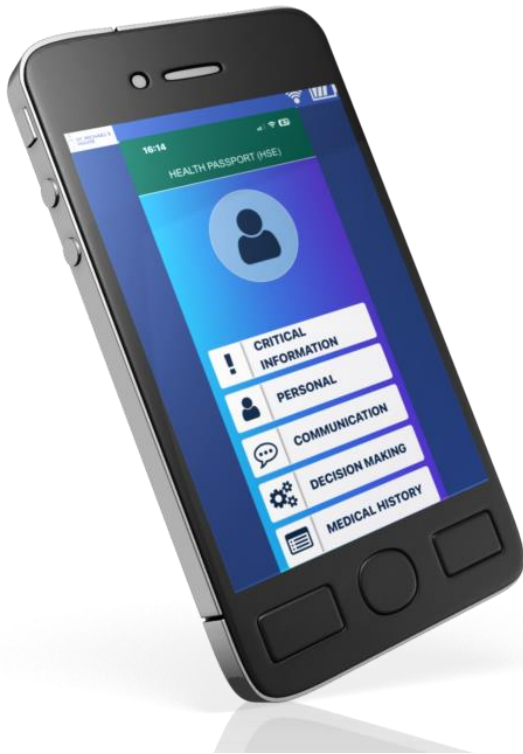


# What is a Health Passport?



16:16 HEALTH PASSPORT (HSE)

**PERSONAL**

**General:**

Name: I like to be called:

Date of Birth: PPS Number:

Contact Number: Medical Card No:

Address:

**GP:**

16:16 HEALTH PASSPORT (HSE)

**MEDICAL HISTORY**

**Medical History:**

Other medical professionals involved in your care (name, phone no.):

Ghhh

Things I am allergic to:

Known medical and surgical history and diagnoses:

Support I need to take medication:

16:16 HEALTH PASSPORT (HSE)

**FOOD AND DRINK**

**Speech and Language Therapy care plan:**

Fluid thickened? If yes, grade 0 to 4:





Thickener used:

Modified diet? If yes consistency needed:

Foods I like:

Foods I dislike:

# What is a Health Passport?

	<p>The HSE Health Passport is an easy to read document.</p>
	<p>It tells health care staff about what you can do and what your needs are.</p>
	<p>You can have the HSE Health Passport as an App on a phone, android tablet or iPad.</p>
	<p>You can also have the HSE Health Passport on paper.</p>



## Why do I need a Health Passport?

Staff you meet in a health setting want to look after you well when you are there.



It tells them about the things you like and what makes you happy.



It is also important for staff to know what upsets you and things you do not like.



It can tell staff about how you might act if you are afraid, worried or in pain and how they can help you.



The health passport also tells staff about decisions that are important to you about your health.



### **When can I use my HSE Health Passport?**

When you go to another health setting, for example, appointments with a doctor, dentist, a clinician, or in hospital.



It can help if you go to a new centre or respite house too.



## How can I use it?

Talk about the Health Passport with your staff, family or the CREATE Project Team.

Download the App by typing in

## HSE Health Passport

on Google Play Store or the Apple Store.

Then click on the purple logo.

Or print a paper copy from the HSE website.



You can complete your Health Passport yourself.

Or with help from family, staff or someone who knows you well.



## How can I share my information?

Bring it with you and share with your doctor, dentist, hospital, and other healthcare staff.

This will tell them what is important to you about your health and wellbeing.

The Health Passport (HSE) App can also be emailed to your doctor or health care staff.



It is important to keep your information in your HSE Health Passport up to date to let the staff know how best to support you.



If you have any questions or need any help, please contact the SMH Create Project Team:

Feabhra and

Anne

by phone on 0879957591

or by email at [Feabhra.mullally@smh.ie](mailto:Feabhra.mullally@smh.ie)