



Berry Squares

Shopping list



1 x Cooking Apple



15g Flaxseed



235g Porridge



15g Flaxseed



20g Brown sugar



1 1/2 tsp Baking powder



1 ½ tsp Cinnamon



1 x tsp Salt



1 x tsp of Vanilla extra



240ml Milk



1 X egg



90g of Blueberries