Recipe 1: Homemade Porridge Bread served with tomato and chicken



Shopping list





St. Michael's House Activity Hub activityhub@smh.ie



Porridge



1 x natural yogurt 500 mls



Salt

St. Michael's House Activity Hub activityhub@smh.ie



Bicarbonate of Soda



Rapeseed oil



1 x egg

St. Michael's House Activity Hub activityhub@smh.ie



Butter



Chicken



Tomatoes

St. Michael's House Activity Hub activityhub@smh.ie

Homemade sandwich with tomato and chicken





Join the Activity Hub Live to and learn how to make the porridge bread together

Wednesday 20th January 12pm

Join Michelle Zoom Meeting ID: 925 4341 3728

Cick here to join https://zoom.us/j/92543413728