

# St. Michael's House Newsletter

**Nutgrove Hub**

**January 2020**

## Nutgrove Hub



**Our Graduation**



**Sea World Bray Trip**



**Ferris Wheel Ride**



**Galway Christmas Markets Trip**

It was with great excitement the new Nutgrove Hub opened in September 2019. Five students graduating from Turas were welcomed to the new Nutgrove Hub Service and since then it has been a whirlwind of new experiences and continued learning.

We have been out and about getting familiar with our local area. We've explored local parks, shops, libraries and gym facilities to name but a few.

We have also had some wonderful days out. We have been to Sea World in Bray on a wild and blustery day. We had a great day at the Galway Christmas Markets, even braving the ferris wheel while there. We also enjoyed seeing the Grafton Street Christmas lights on our return.

We are looking forward to future outings and opportunities to explore in the coming months.



**DJ Luca**



**Michael Hard at work in the Hilton Hotel.**



**Good Friends Help at LAMH Class**



Raymond Galligan  
PIC



Jen Dillon  
Social Care Worker



Helen McLeane  
Social Care Worker

## **Supported Employment**

Some of us are currently working in the Hilton Hotel, the Glenview Pub and Abrakebabra. Luca has also enjoyed gaining DJ experience at the occasional party. (Feel free to make contact if you need DJ services). Our aim for the coming months is to continue to seek work experiences that we are interested in.

## **Further Education**

We have completed a 10 week course in communication in Dundrum Adult Education Centre, while another Student has been attending the Blue Diamond Drama Course. We have started a new 6 week course in communication this January will be starting a new 'Learning about Technology' course. We have also linked with the County Council Sports officer for sporting activities in our area.

We have been really enjoying our LAMH Course every Friday Morning. We have completed Module 1 with Teresa Gadd, our Speech & Language Clinician and we are delighted to invite family members, friends and course tutors to our LAMH sessions so they too can learn. This will make communication easier for all of us.

## **Our Staff Team**

Our new Staff team is complete for now and are delighted to be a part of the new Nutgrove Hub Service. Our team members bring with them a wide range of experience and a great sense of fun and enthusiasm. We are all looking forward to working together.



**Michael & Charlie Creating    Luca & Peter Proud**

## Fundraising

We have kick started our fundraising efforts by creating a selection of Hand Crafted Xmas cards. We enjoyed making these and everyone helped. We have enough put by for Xmas 2020 and we hope to book into a craft fair later in the year to experience selling our product which we are very proud of.

## Celebrations

We are delighted to celebrate with Michael, Peter and Luca this January 14<sup>th</sup> as they collect their QOI level 2 Awards at their Graduation ceremony. We are all so proud of their hard work and success. We are looking forward to seeing what we can all achieve in the coming year.



**Halloween Party**



**Christmas Party**

## Time with Friends



While we have loved moving into a new service, Christmas and Halloween Parties were a great opportunity to catch up with old friends.

## Karl's Travel Tips



I went away to loads of places on holidays over the last few months with my Mam. I went to New York, Budapest, Berlin, Prague & Leeds. Prague was my favourite. It had lots of shops, and great food. My favourite food there was Pizza. I did a river cruise on the Vltava River which was lovely. You should go there if you can.



**Karl in Prague at Christmas**

*Happy New year to Everyone  
from all in Nutgrove Hub.*