



# Manual Handling Training/**Ballymun**

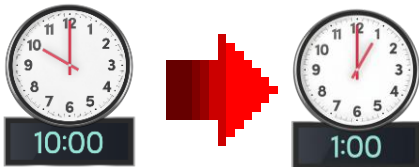


Manual Handling means moving things safely



Manual Handling for service users is on the 13<sup>th</sup> and 14<sup>th</sup> August

You need to attend both days.



The training starts at 10 am and finishes at 1pm



The training is in Ballymun HQ Conference rooms.  
Ballymun Road, Ballymun, Dublin 9



You will need to move light boxes.



Riailtas na hÉireann  
Government of Ireland

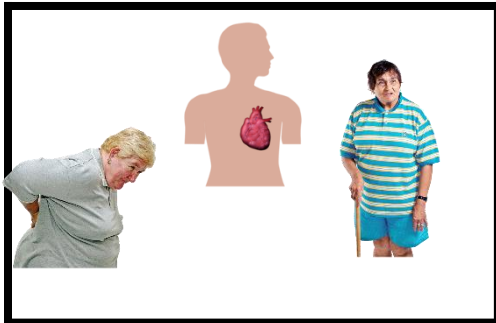






Arna chomhchistiú ag  
an Aontas Eorpach  
Co-funded by the  
European Union





# Manual Handling Training

	<p>You need to tell the instructors if you have any old injuries or difficulty moving or heart conditions</p>
 <p><small>This project is co-funded by the Government of Ireland, through the Department of Social Protection, and the European Union.</small></p>	<p>You need to be registered with Workability Project to sign up for this course.</p>
	<p>Places are limited. To book your place, please email: <a href="mailto:supportedemployment@smh.ie">supportedemployment@smh.ie</a></p>
	<p>Scan this QR code should you need more information</p>
	<p>Closing Date: 17<sup>th</sup> July 2026</p>



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