



Manual Handling Training



Manual Handling means moving things safely



Manual Handling for service users is on the 24th and 25th July



The training starts at 10 am and finishes at 1pm



The training is in Ballymun Conference rooms



You will need to move light boxes.



Rialtas na hÉireann
Government of Ireland



Arna chomhchistiú ag
an Aontas Eorpach
Co-funded by the
European Union





Manual Handling Training



You need to tell the instructors if you have any old injuries or difficulty moving or heart conditions



Places are limited.
To book your place,
please email:

supportedemployment@smh.ie



Rialtas na hÉireann
Government of Ireland



Arna chomhchistiú ag
an Aontas Eorpach
Co-funded by the
European Union

