

January 2020 Inclusive Sports in the Community

Dublin City Sport & Wellbeing Partnership

Children

We are delighted to announce our next Learn to Cycle! Learn To Cycle offers participants with additional needs the opportunity to learn to cycle in a fun and safe environment. The programme is delivered by a qualified Learn to Cycle instructor from Cycle Right and requires **active parental involvement** during the sessions.

Each participant must bring their own bike and helmet which can be adjusted to the correct height for the child to facilitate progress.

Location: Glin Road, Coolock

Date: January 24th, 31st, February 7th, 14th 21st and 28th

Time: 4pm – 4.45pm

Cost: €20

Registration Link: <https://www.eventbrite.ie/e/70486814961>

While every child will have their own learning curve, with active parental support during the sessions and frequent home practice between sessions, progress towards independent cycling can be evident from week to week.

Sports Inclusion & Integration Officer

| Dublin City Sport & Wellbeing Partnership | Culture, Recreation and Economic Services | Dublin City Council |

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South Dublin County Sports Partnership

Adults & children

Badminton

Please see information attached from Badminton Ireland about an upcoming Pan Disability (All disabilities welcome) Badminton Programme taking place in February & March in the National Indoor Arena. Please circulate to any clubs or individuals who you think may be interested. For further enquiries please contact Karla Kennedy Badminton Ireland at multisportsteam@sportirelandcampus.ie

Fencing

The Dublin University Fencing Club are hosting a wheelchair fencing taster session on Monday, January 13th from 7pm-9pm at the Trinity College Sports Centre. The cost of attendance for the event is €12.

Please feel free to circulate the information within your networks and directly with any clubs and individuals you think may be interested! For more information please see the attached documents or email dufencing@gmail.com.

Children

Multi-Sport

South Dublin County Sports Partnership and Dun Laoghaire Rathdown Sports Partnership are pleased to announce the launch of a New Wheelers Multi-Sport Junior Club for children aged 5-15 years old with physical disabilities and their siblings.

The launch day for the club is on **Sunday 16th February from 12pm-1pm** in **Our Lady's School, Terenure, Dublin 6**. This is a brand new club so we are calling on anyone who is interested to come along and get involved including parents, children and volunteers.

Please feel free to forward this email on to any groups/ individuals who may be interested in attending and joining the club.

For registration or further information please contact Lucy Cush, Sports Inclusion Disability Officer at lcush@sdublincoco.ie or 086-7964192.

Learn2Cycle

The Learn2Cycle Programme of the year for kids with additional needs beginning on Monday 6th January 2020. This 6 week programme works on the fundamentals of cycling with the aim to teach children to learn to cycle independently. Children must be 6 years old or older. Can you please forward this email onto any parents/clients that would be interested.

The programme will run on the **below dates from 4pm – 5pm in Tallaght Leisure Centre**.

Monday, 13th January 2020

Monday, 20th January 2020

Monday, 27th January 2020

Monday, 3rd February 2020

Monday, 10th February 2020

Monday, 17th February 2020

The cost of the course is €35 per child. I will take payment for the programme at the first session on Monday.

Places are limited so booking is essential.

I am aware that this is short notice to the beginning of the programme but if you wish to reserve a place for your child on this programme, please contact

Lucy Cush | Sports Inclusion Disability Officer

South Dublin County Sports Partnership | Community Services Department

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Operation Transformation Nationwide Walks Saturday 18th January

Taking place in locations all over the country. Check with your Local Sports Partnership to see which location is closest to you.

Dublin Sport & Wellbeing Partnership

Dublin Municipal Rowing Centre, Chapelizod Rd 11am

Dún Laoghaire-Rathdown Sports Partnership

Marlay Park 10.30am

<http://www.dlrsportspartnership.ie/news/306-operation-transformation-walk-event-18-01-20>

Fingal County Council Sports Office:

Porterstown Park, Dublin 15: 9.30am

Rivervalley Park: 9.30am

Quay Street, Balbriggan: 11am

Tyrrelstown Park: 11am

South Dublin County Sports Partnership:

Waterstown Park at 11am