



Supported Employment Info FAQ

Q. Who can I talk to about job seeking?

A. You can talk to any staff member who supports you, they can then contact the team at supportedemployment@smh.ie

Q. What is a Vocational Profile?

A. A Vocational Profile looks at your strengths and skills and which of these skills you could apply to a job.

Q. What is a Skill?

A. A Skill is something you are good at or would like to get better at.

Q. How do I start looking for a job?

A. Start by Community Mapping to find employers in your area, then start working on your CV.

Q. What is a CV?

A. A CV is a document that tells the employer about you and your work experience.

Q. Who do I give my CV to?

A. You can hand your CV to employers or you can apply for jobs online.

Q. What to do if you are called for an interview?

A. Email the Supported Employment Team and we will give you resources to prepare for your interview.

Q. How much will I be paid?

A. This will depend on your employer however the following new minimum hourly rates apply from 2026: Aged 20 and above: €14.15 per hour. Aged 19: €12.74 per hour. Aged 18: €11.32 per hour.

Q. Where can I learn more about work?

A. Courses in your community, the Activity Hub, Attend the Supported Employment Workshops.

Q. Do I need input from Speech and Language?

A. Yes, if you need help with Understanding, Expression, Social Skills or Assisted Decision Making.

Q. Do I need help from an Occupational Therapist?

A. Yes, if you need help with Access, Equipment, Skills or Sensory Preferences.

Q. Where can I get more Information?

A. www.smh/supportedemployment