



# DAILY DIP DECEMBER

IN AID OF ST. MICHAEL'S HOUSE  
SERVICES FOR PEOPLE WITH DISABILITIES

**DUE TO THE SUCCESS OF  
2020 DAILY DIP DECEMBER  
THE DECEMBER DIP IS BACK FOR 2021!**

## WAVE GOODBYE TO 2021

## CAN YOU DIP THIS DECEMBER TO SUPPORT PEOPLE WITH DISABILITIES?

 **FESTIVE FUN OR PERSONAL GOAL**

**ONE DIP IN DECEMBER?**

**ONE DIP A WEEK?**

**ONE DIP A DAY?**

\*Suggested Challenge

**Entry Fee**

**€15pp**

(+ booking fee)

**\*family rate available**

**Commemorative Silicone  
Swimming Cap  
on completion**

**Raise funds for a service of your choice**

ALL NON-UNIT FOCUSED FUNDS RAISED WILL DIRECTLY BENEFIT  
ST. MICHAEL'S HOUSE DEVICES PROJECT

**Register: [www.smh.ie/fundraising](http://www.smh.ie/fundraising)**

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