

DAWN TO DUSK DAILY DIP 2022

IN AID OF ST. MICHAEL'S HOUSE SERVICES FOR PEOPLE WITH DISABILITIES

DUE TO THE PHENOMANAL SUCCESS OF OUR

DAILY DIP SERIES

THE DAWN TO DUSK DAILY DIP IS BACK FOR 2022!

DIP AS AN INDIVIDUAL OR GROUP THIS SUMMER

DIP LOCALLY | DIP AT SCENIC BEAUTY SPOTS | DIP ANYWHERE SUMMER FUN OR PERSONAL GOAL!

CAN YOU COMPLETE?

7 DAILY DIPS IN ONE WEEK

10 SEA DIPS IN A MONTH

DIP A DAY

*Suggested Challenges

Sign up and receive a commemorative Silicone Swimming Cap

Raise funds for a service of your choice

ALL NON-UNIT FOCUSED FUNDS RAISED WILL DIRECTLY BENEFIT ST. MICHAEL'S HOUSE DEVICES PROJECT

Register: www.smh.ie/fundraising

fundraising@smh.ie www.smh.ie | CHY5692 CREATE AN ONLINE FUNDRAISING PAGE

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