

Kitchen Task

Decorating Cupcakes

Important

Always follow FEDS guidelines and dietary advice as per your Speech and Language Therapist, Dietitian, and medical team.

Ingredients:

Ready made cupcakes
Icing Sugar
Food colouring
Cocoa Powder
Sprinkles
Mini Marshmallows
Mini Smarties

Equipment:

Bowl for each service user for icing
Bowl for each decoration
Spoons- teaspoon and tablespoon
Aprons
Table cover/cloth

Steps to completing task (use prompts required sheet, and write beside each step which level of prompts each service user requires; or use task analysis sheet)

1. Wash hands
2. Gather all essential equipment
3. Put on apron and cover table with table cloth
4. Place all decorations in separate bowls (sprinkles, marshmallows, Smarties)
5. Put 2 heaped tablespoons of icing sugar in a small bowl (one per service user)
6. Add water, 1 teaspoon at a time, stirring well into the icing sugar until a creamy icing is formed
7. If your icing is too runny- add more icing sugar. If your icing is too stiff- add small drops of water and stir
8. Add a drop of food colouring and stir well; or add a tea spoon of cocoa powder and stir well
9. Take your cupcake and dip it into the icing
10. Using a spoon, take some decorations of your choice and sprinkle over cupcakes
11. Leave cupcake to dry before eating

Visuals for Icing Cupcakes



TAKE YOUR CUPCAKE



DIP IT INTO BOWL OF ICING



ADD DECORATIONS



WELL DONE

