



Coastal Children's Disability Network Team

WELCOME PACK 2023

WELCOME!

TO OUR TEAM

We would like to take this opportunity to welcome you and your child into the Coastal Children's Disability Network Team.

This welcome pack gives you a summary of the Coastal Children's Disability Network Team and the services we provide. It will also tell you about the members of the team.

We will work together with you and your child to support his or her needs

We hope that this information booklet will help you to understand how the service works and will give you a basis for a good working relationship with us.

We look forward to working with you and your child.

Sinead English

Coastal Children's Disability
Network Team Manager





Children's
Disability
Network
Team



St. Michael's House
services for people with disabilities

CONTACT INFORMATION

CONTACT US



+353 1 8398 356



CDNTCoastal@smh.ie



www.smh.ie

We are based on the second floor in
St. Michaels House Baldoye.

St. Michaels House,
College Street,
Baldoye,
Dublin
D13 W827



Directions

- Our main entrance is on College street
- There is family parking in the car park, however if there is no spaces there is free parking on the streets.
- You enter through the main doors and the receptionist will direct you to the elevator which will bring you to the second floor.
- When you get to the second floor check in with the Administrators and they will help you.



WHO WE ARE, WHAT WE DO



WHO ARE WE?

The Coastal CDNT is a partnership between the St Michael's House and the HSE.

We are a team of different healthcare disciplines, administration team and a manager.

WHAT DO WE DO?

We work with children who have complex disabilities across a range of functional areas. This means they require a team of clinicians to work on common goals to support their needs.

We work in line with the Progressing Disability Service for children and Young People Programme or 'PDS'.



OUR TEAM

There are many different disciplines on our team who work together to support families

TEAM MANAGER



Sinéad

ADMINISTRATORS



Helen



Elaine

SOCIAL WORK



Aideen



Paul



Sarah

OCCUPATIONAL THERAPY



Niamh



Maternity
Leave



Vacancy

PHYSIOTHERAPY



Andrea



Athish



Maternity
Leave

PSYCHOLOGY



Helen



Sarah



Vacancy

SPEECH AND LANGUAGE THERAPY



Katia



Linda



Clare

EARLY INTERVENTION SPECIALIST



Ann

THERAPY ASSISTANT



Katie

OUR SERVICE

Our way of working is called 'family-centered practice', where all relevant clinicians and your family work together to support your child's needs. This way of working follows Irish and international guidelines on how best to work with families.

We are a

Family-Centered Service

who offer

Goal-based Supports

through

Key Working

and

Interdisciplinary Working

WHAT TO EXPECT

Getting to Know You Appointment

Your first appointment is where we begin to get to know you and your child. Typically, 1 or 2 members of the team will come to **your home or you can come into the clinic**, depending on what suits you best. We usually gather up-to-date information about your family and your child's development and double check contact information etc.

The Clinic



Individual Family Service Plan (IFSP) Meeting

An important part of our work with your family will be to complete an Individual Family Service Plan (IFSP). This is a meeting with us to help you work out what is important to you and your child. We will work together with you to develop the plan to support your child.

What is an IFSP?

An Individual Family Support Plan (IFSP) is developed by you, your child (if they are old enough) and the members of the Children's Disability Network Team. It guides how the team is going to support you. It includes:

What's going well and what is going not so well at the moment?

What's important to you now?

What are our goals for the next 12 months?

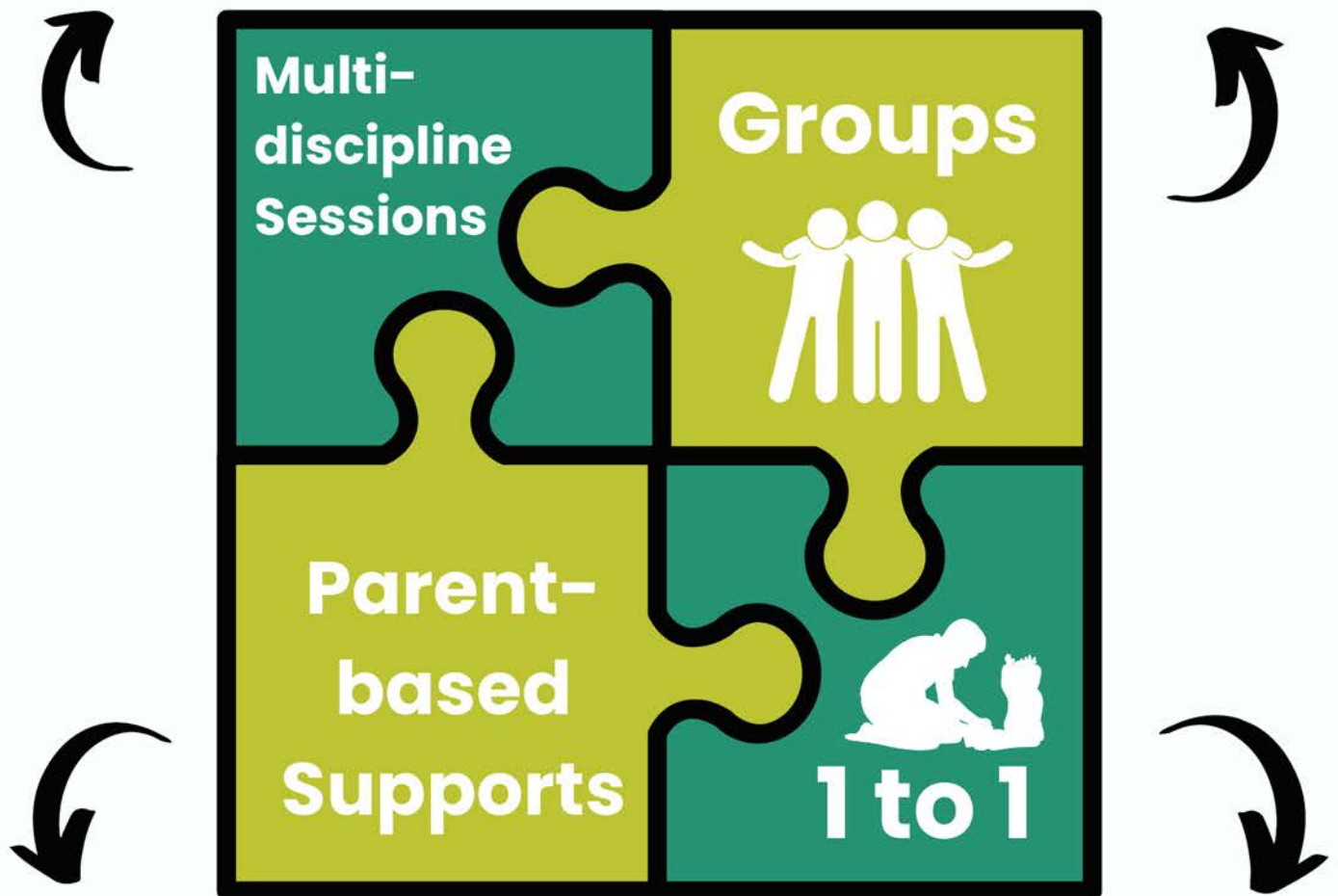
The IFSP can be reviewed at any time so contact the team if your priorities have changed.

How we work with you and your child

We work with children in many different ways depending on their needs. Here are some examples of how we might support your family:

Some children benefit from sessions where 2 or more clinicians work with you and your child.

Some children with similar needs benefit from group sessions.



As a parent, **you are an expert on your child**. You make a significant impact on their development. We offer supports to help you maximise this impact.

Sometimes we work with you and your child on a one to one basis

We work in multiple locations

Home

School

Our Clinic

We work with children at home, in school or in our clinic, depending on their needs and what suits your family best.

We link with outside agencies

Some children have other outside agencies involved in their care. We link with these agencies to ensure continuity of care for your child.

Examples include:



Schools



Child and Adolescent
Mental Health Services

FAMILY-CENTERED

This means that we work with your family to support your child to take part in daily life and activities. You know your child best and your family have the most important influence on your child's development.

Working in this way is very important to us



GOAL-BASED

We work together with you to identify goals that are important for your family right now. This is called an Individual Family Service Plan (IFSP).

This is how we plan what clinicians are involved at different times.

KEY WORKING

When your child starts with the service, you will be given a key contact. They will work with you and support you and your child to access the services you need.

Your key contact acts as your main point of contact for the team.



INTERDISCIPLINARY

All of the different clinicians work together as a team to reach common goals.

We may work with your child separately or together depending on what is needed at different times for your child.

We're looking forward to working with your family!

We are working on creating a Community Supports Booklet which will be given to you when completed.

The community support booklet provides information and contact details for supports and services available within the North County Dublin Community that you may or may not know about already.

Our Family Key contact

You can write the details of your key contact here once they have been assigned.







Other Contacts







