



**WORLD
AUTISM
AWARENESS
DAY**

**2ND
APRIL**

World Autism Day 2021



Autism is a Neurological Condition
People with Autism have difficulty with
Communication
Social Interaction
Restrictive Patterns of thought
Sensory Processing

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SUPPORTS THAT CAN HELP



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COMMUNICATION Non-Verbal Alternatives

- Signing
- Visual Aids
- Picture Exchange
- Apps

Lámh
Communication Assessment Support Service Ltd

Colours

You can find out more about Lámh and learning Lámh signs at www.lamh.org

black blue brown green orange red white yellow

These Lámh signs are based on Irish Sign Language
www.lamh.org

fb.me/lamhsign @lamhsign

QR code

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Social interaction



Social stories are helpful to explain how the individual and the people around them will act in certain situations.

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Restricted patterns of thought

Emotional literacy programs aid the individual in recognising, labelling and dealing with their emotions.

How do I feel?	I feel _____
	Happy
	Sad
	Scared/Worried
	Angry
	Happy
	Tired

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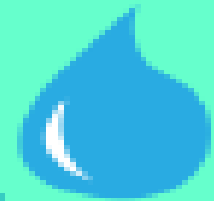


Sensory Needs



Ear defenders can be worn to reduce background noise

Playing with water, sand, or Playdoh, can have a calming effect



Soft lighting creates a calmer environment

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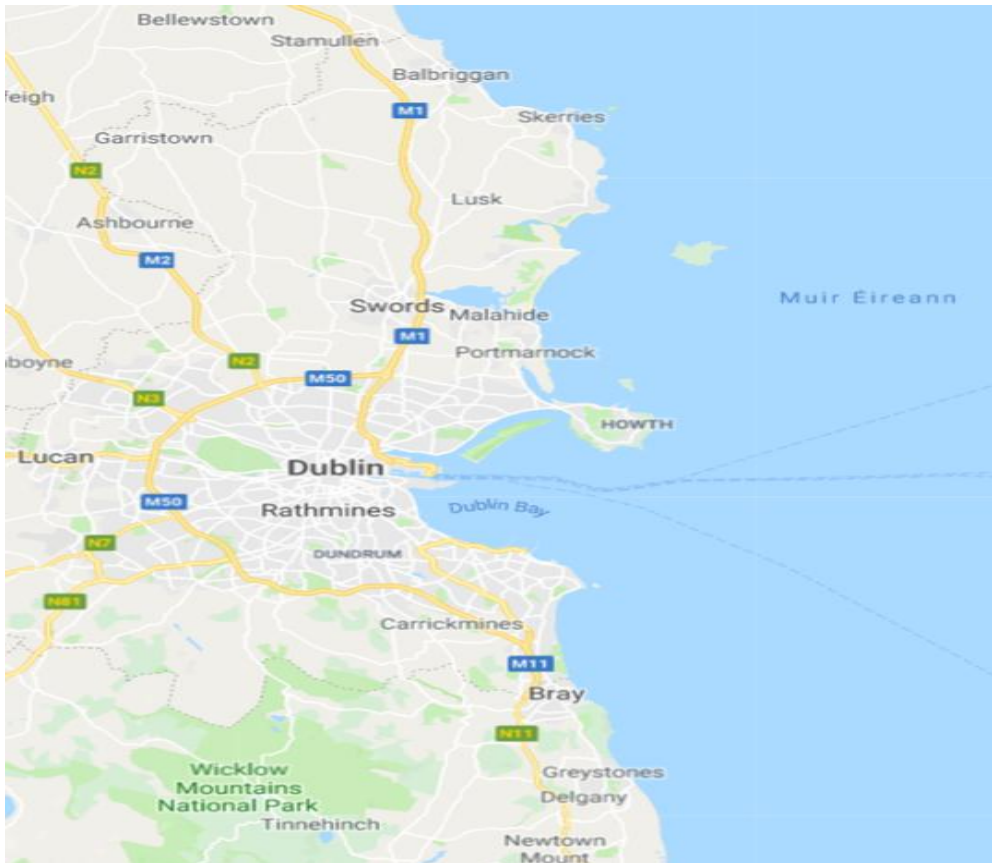
ST. MICHAEL'S HOUSE SERVICE FOR ADULTS WITH ASD

Abhainn Day Service

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ABHAINN ASD – 6 UNITS OF SERVICE



Abhainn Balbriggan

Abhainn Swords

Abhainn Kinseally

Abhainn Baldoyle

Abhainn Finglas

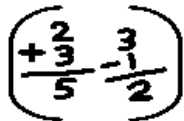
Abhainn Goatstown

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ABHAINN ASD SERVICE Mission - Vision - Values

Education



Vocation



Recreation



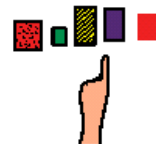
Individualized



Inclusive Environment



Choice



Growth



Autonomy



Respect



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Educational Mission

Courses in the Community
QQI Courses Level 2
Cosan Life Skills



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Vocational Mission

- Explore Vocational interests
- Prepare CV
- Link with Employers
- Work experience
- Review



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Recreational Mission

- Explore Social interests
- Hobbies
- Religion
- Community Courses
- Inclusive Sports



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Say Yes to Autism Acceptance

Be Clear

Be Patient

Reach Out

**Be Aware of Sensory
Environments**

**Fill in the Gaps
Give All Information**

Be Accepting

**Watch Your
Language**

**Focus on My
Ability & Strengths**

**Listen & Let Me Teach You
About Autism
I am the Expert**

Challenge Stigma & Bullying

Reference: shelflife.ie

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**To Learn More About
St. Michael's House
Autism Service
www.smh.ie**



St. Michael's House
Services for people with disabilities

CHY5692