



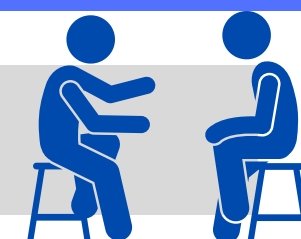
Online Activity Hub Update March 2021

✓ Online Active Social Club



A 6-week Active Social Club had a total of 1,223 attendees logging in from home, day and residential services. Classes included: Dance, Mind Body Balance, Cooking, Social & Health Education, Football Fan Club, Live Music, Fitness, Bingo and Bowling League. New additional classes will include art, music and specific programme for people with dementia (assisted by Nursing Department).

✓ Consultation Projects



Three consultation projects are being facilitated through the Activity Hub;
Accessible Information: service user involvement in design and development of new webpages.
Design & Delivery of Content: service users with complex and higher support needs (e.g.) Local Centres and Adult Autism Services
Walkability Audit Group: consultation and advocacy on community accessibility issues (road safety, walkways etc.)

✓ Digital Skills & Access



The Digital Skills & Access group are in the process of collating information and resources to help support service users, families and staff in the use of digital technology. Feedback has demonstrated a demand for more technical support for people to interact online.

✓ Get Involved



The online Activity Hub has been designed by our staff to support you at home during this challenging time. It includes a timetable of fun activities and a range of information to help keep your mind and body healthy and happy. Log on to the Activity Hub [here](#) or contact activityhub@smh.ie for more details.