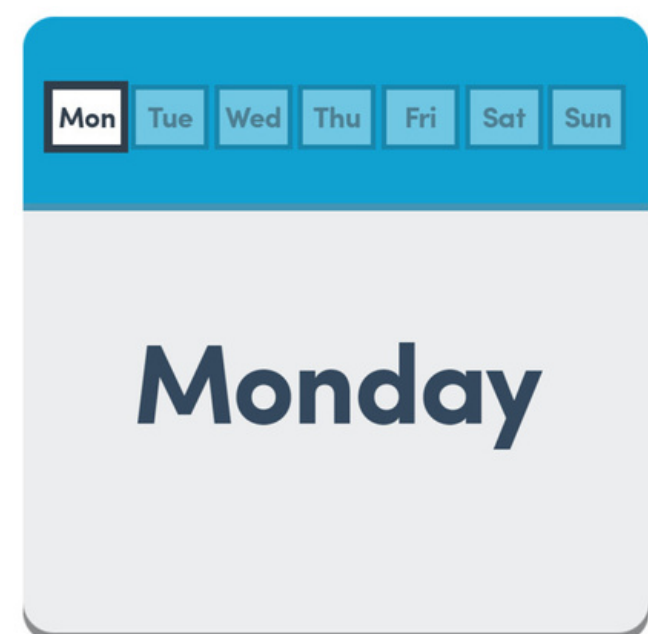


All classes are  
**LIVE** on  
**zoom**

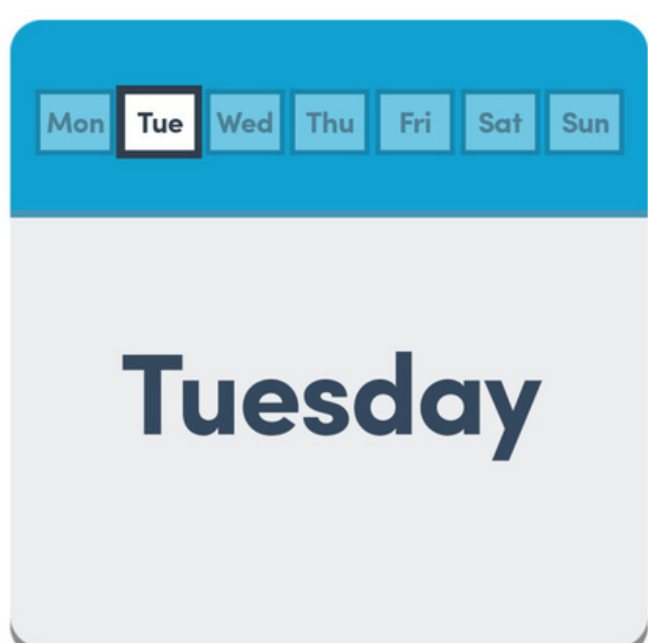
**May 2023**

# Activity Hub Timetable

 [activityhub@smh.ie](mailto:activityhub@smh.ie)



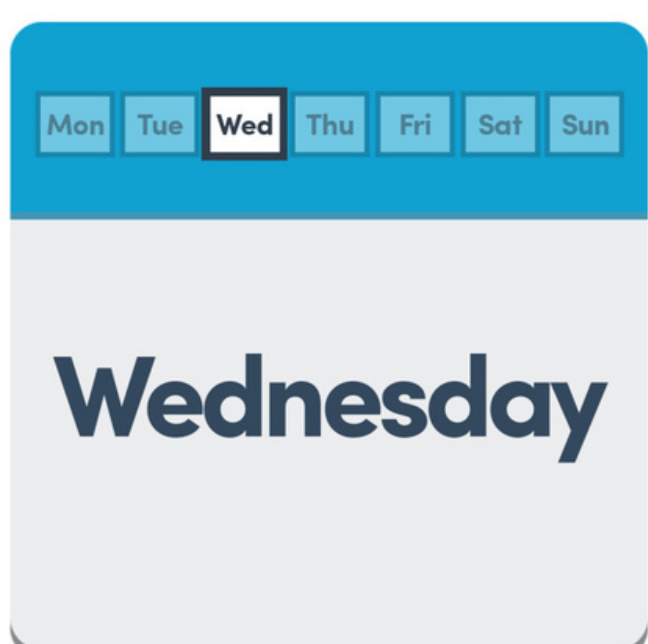
 **11:00AM - 11:50AM**  
**Tai Chi**  
Meeting ID: 988 6258 9295




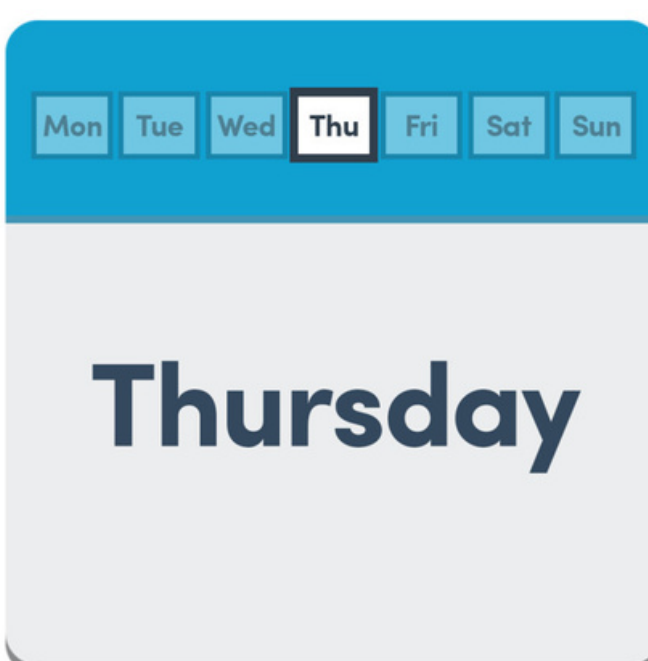
 **11:30AM - 12:15PM**  
**Chair Aerobics**  
Meeting ID: 962 8845 5512




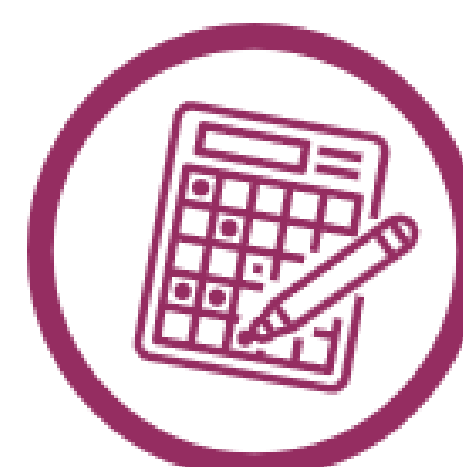
 **2:30PM - 3:00PM**  
**Music with Roisin**  
**\*\*Pre-Registration\*\***  
Meeting ID: 986 1738 0980




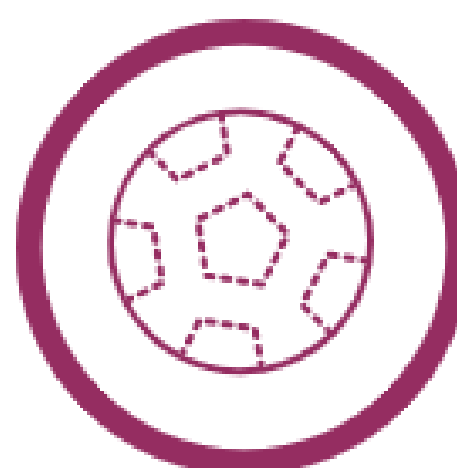
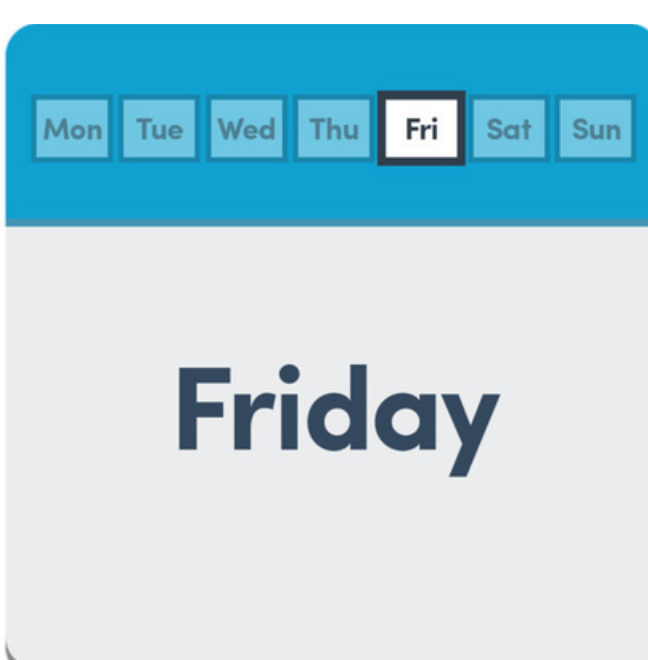
 **11:00AM - 11:45AM**  
**Dance Class**  
Meeting ID: 947 5821 7823




 **10:30AM - 11:15AM**  
**Zumba**  
**From 11th May**  
Meeting ID: 953 4711 4223




 **2PM - 2:30PM**  
**Bingo**  
Meeting ID: 993 1311 2548



 **12:30PM - 1:15PM**  
**Football Fan Club**  
Meeting ID: 949 5871 2746



 **2:00PM - 3:00PM**  
**Walkability Group**  
Meeting ID: 927 5433 3049