

## ABOUT ST. MICHAEL'S HOUSE

Founded in 1955 by parents, St. Michael's House has grown to become one of Ireland's largest provider of community-based services for children and adults with an intellectual disability and their families.

Today, St. Michael's House has over 170 units throughout Dublin City and County and Navan, Co. Meath, providing supports and services to over 1,751 children and adults with an intellectual disability and their families.

## OUR MISSION

Support individuals with intellectual disabilities to achieve their potential and live as independently as possible in ordinary places in the community connected to natural support networks.



### HAVE YOU TIME TO VOLUNTEER?



Watch our Time to Volunteer video

KPMG

BUSINESS IN THE COMMUNITY IRELAND



[youtu.be/A3UMO-LZQL0](https://youtu.be/A3UMO-LZQL0)

“

Volunteering can include wanting to do something useful to help others, the desire to make a difference, learning new or using ones skills productively or simply having fun.

”

Young & McChesney 2013



St. Michael's House  
Ballymun Road  
Ballymun, Dublin 9

t: 01 884 0200  
e: info@smh.ie

[www.smh.ie](http://www.smh.ie)



[facebook.com/st.michaelshouse](https://facebook.com/st.michaelshouse)



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Charity number: CHY 5692



# St. Michael's House

Services for people with intellectual disabilities



## TIME TO VOLUNTEER

Corporate volunteer programme

Our volunteer programme offers the opportunity for businesses to work with St. Michael's House by offering their corporate staff volunteer hours to our services.

Corporate staff visit one of our 170 units in Dublin City and County to volunteer their time. They complete familiar tasks such as gardening, painting or cleaning. These tasks improve the Units where intellectual disability services are provided to children and adults.

Your team works alongside our teams.



## NOW IS A GOOD TIME TO VOLUNTEER

The programme is designed for corporate volunteers to arrive, work and leave as a group to our Units.

Our programme operates in the good summer months mainly from **April to October (Monday to Friday) from 9.30am - 4pm** full days or ask about our half days.

We are flexible on dates, times and locations where possible to best suit your business.

We have welcomed over 3000 corporate volunteers to our units from Ireland's leading companies including:



KPMG



Vodafone



UPS Dublin



LinkedIn



Google



Abbott



Ulster Bank



Woodies



Bank of Ireland



Starbucks



Accenture



Diageo

## CAN YOUR COMPANY'S TEAM MAKE TIME TO VOLUNTEER?

Tasks include but not exclusive to: Gardening, Painting, Cleaning, Baking, Sports days, Seasonal Decorating, Educational projects. We can complete projects and programmes with corporate support. All suggestions welcome.

What is involved ?



A detailed plan of activity is agreed in advance



Your team will receive a full brief of the planned volunteer day



Health & Safety forms and public liability forms are referenced



Equipment is provided for tasks - tools, gloves. Paint needs to be purchased



There are no set fees but donations are used to provide tools and support



Lunch and transport of volunteers are at a cost to the visiting corporate



We provide t-shirts and welcome tea and coffee to all volunteers



We provide a meet and greet to your group on our services



Your team works with ours. Volunteers and service users work alongside each other

## CORPORATE PAST PARTICIPANTS HAVE LIKED

- staff team building
- education on intellectual disability services in their community
- sense of achievement from completing tasks
- giving back to their local community

## OUR UNIT STAFF AND SERVICE USERS HAVE LIKED

- social inclusion of our service users in the volunteering tasks
- welcoming volunteers to the units
- education on intellectual disability services in their community
- improvements to the units

