



Healthy Pizza

Shopping List:

3 tablespoons tomato puree.

1 clove of diced garlic..

1 teaspoon of Italian herbs.

2 Tortilla wraps.

75 grams of Mozzarella.

Basil.

Salt and Pepper

Choose your own toppings.

Gather Utensils:

Pizza pan.

Butter Knife.

A teaspoon.

A tablespoon.

A chopping board.

A garlic press.





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Step 1.

Preheat your oven to 180 degrees Celsius.



Step 2.

Place a tortilla onto your pizza pan.



Step 3.

Add 3 tablespoons of tomato puree to your tortilla.



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Step 4.

Spread the tomato puree with a knife.



Step 5.

Mince a clove of garlic using a garlic press and add to pizza.



Step 6.

Cut 3 or 4 baby tomatoes.



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Step 7.

Add 75 grams of mozzarella cheese.



Step 8.

Add toppings of choice and basil.



Step 9.

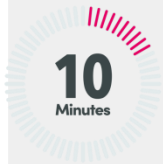
Add your Italian herbs, and a pinch of salt and pepper.

Have Fun



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Step 11.

Bake in the oven for 8-10 minutes or until the cheese is melted.



Enjoy.

You can fold the wrap or cut into slices like pizza.