



**FACE A FEAR**

**THIS OCTOBER**

**FOR ST. MICHAEL'S HOUSE**

**RAISE FUNDS FOR PEOPLE WITH DISABILITIES**

**IF YOU DARE.....**

FACE A FEAR



SHARE YOUR ACHIEVEMENT ONLINE



RAISE FUNDS

SUGGESTED CHALLENGES...



CONQUER THAT FEAR OF HEIGHTS?



CAN YOU LEARN A NEW SKILL?



BEAT THAT FEAR OF SPIDERS?



COMMIT TO A FITNESS GOAL!



IT DOESN'T HAVE TO BE SCARY.....

EACH BRAVE PARTICIPANT WILL RECEIVE A PERSONALISED "I FACED A FEAR" CERTIFICATE & TREAT BAG

**SIGN UP TO FACE A FEAR AS AN INDIVIDUAL OR GROUP**  
**FUNDRAISING@SMH.IE**

FUNDS RAISED DIRECTLY SUPPORT OUR DEVICES PROJECT 2021 OR SERVICE OF YOUR CHOICE  
CREATE AN ONLINE FUNDRAISING PAGE USING IDONATE.IE



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