All aboard for a great dav out

ST Michael's House teamed up with Clontarf Yacht & Boat Club recently for a spin on the Dublin waves for their fourth annual fishing trip. those on board."

The sailing crew comprised service users from St Michael's House Short Term Training Centre, Adare Hub, Raheny Hub, Coolock Hub and Mask Road facilities.

The crew, alongside members of Clontarf Boat & Yacht Club, braved the choppy conditions of the River Liffey to sail a new route to Grand Canal Basin travelling through the locks with the assistance of Waterways Ireland and the support of neighbouring clubs

Poolbeg Yacht Club and Eastwall Watersports. Patricia Davis, tutor at St Michael's House Short Term Training Centre, said: "We are extremely grateful to everyone at Clontarf Yacht & Boat Club who have been kind

enough to show their support for this annual initiative.

"The day would not have been possible without the

assistance of volunteers from Clontarf Boat & Yacht Club who provided the technical know-how and

peace of mind to all of

Larry Meaney, executive committee member at Clontarf Yacht & Boat Club, said they were delighted to host the annual fishing trip for service users from St

Michael's House.

"The trip this year was a great success, and we introduced an alternative programme which provec very popular," he said. "Ir addition to the sailing, our guests took part in some crab fishing on the slip."

The experts on hand introduced the service users to the foundations of water safety, and the group finished their trip, which was also supported by Dublin City Council, with a well-deserved BBQ to warm up after spending

the day on the water.

The St Michael's House fishing trip was the first of three taking place this summer, with the CRC Clinic and Portmarnock

Arch Club set to take a spin on the Dublin waves later this month.



Pictured at the event (from 1-r) were: Mark O'Farrell, who attends St Michael's House Adare Hub. Coolock: Rory Reynolds who attends St Michael's House Short Term Training Centre in Coolock; and Mairead McCarthy.



Pictured (from I-r) were Gary Rainsford, who attends St Michael's House Coolock Hub; Paula Devlin; John O'Connell, Skipper at Clontarf Yacht Club; Wayne Doddrill, who attends St Michael's House Raheny Hub; and Jack O'Connell, who attends the <u>St Michael's House</u> Raheny Hub.